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FGS

First Grade Sports



**Specialising in
PE and School Sport**

Welcome

Established in 2005, **First Grade Sports Ltd** have developed a reputation for high quality and reliability. We offer a broad range of services, all designed to give schools the best possible PE and Sport experience.

In our opinion, we are the best at what we do! We visit over 200 schools annually, delivering high quality, bespoke, PE and Sport solutions.

Our team of qualified PE Teachers and PE School Sport Professionals, are dedicated to ensuring that we add value to your school through the services we provide.

The Government pledge to fund Primary PE and Sport, allows schools the opportunity to further support and develop high quality provision, by engaging the services of Specialist providers.

As you will see from the comments on our feedback page, we have a host of schools already delighted to be benefiting from our services. I trust these comments will further assure you of our standards, flexibility and commitment to delivering a high quality PE and Sport experience for your school.

Neil Smith

Director



About us

Testimonials

An excellent service with good quality coaching so far, my staff feel good value for money and are learning a lot. Gill Hutton – Pottery Primary School (Headteacher)

Hi Neil,

Suffice it to say that I continue to be happy with the service that you provide and the attitude, enthusiasm and professionalism demonstrated by your staff.

Thank you from a happy headteacher - Jo Cuthbert – Larkfields Infants

Hello Richard

As P.E. Co-ordinator for St Margaret Clitherow Primary Academy it is my duty to comment on the level of service provided by First Grade Coaching so far. The standards of provision have been excellent - not just in the levels of teaching but also in flexibility, provision of forms of assessment and rewards for the children. This has supported both the children and teaching staff in making progress and meeting targets in their own different ways. So thank you for that and long may it continue!

Overall the teaching staff and more importantly the children are more than pleased with the provision so far.

Regards

Dom Dixon – PE Co-ordinator

Hi Richard,

so far we're really pleased with Tom and Chris and are happy to maintain the contract across the schools. They have both developed good relationships with the pupils and the pupils enjoy working with them and in the majority respond very positively. At the moment Tom is teaching dance and Chris gymnastics, then once the weather gets better we'll be into team sports and batting skills.

Paul – Headteacher – Scared Heart Primary School

Hi Neil,

We are delighted, as always, with our FG coach! Jo is a credit to your company! She has been enthusiastic, patient and dedicated throughout the term. It is great to work with someone who can bring to life our vision for PE. Sports funding well spent!

Thanks to you and thanks to Jo!

Anna Gee – Headteacher – English Martyrs Primary School

Hi Neil

I received an excellent service from First grade last term.

Fiona was professional, flexible to the school needs, well prepared and an asset to your service. The children enjoyed her lessons and were sorry to see her go.

We have started this term with Dan another of your excellent coaches who is equally well prepared and flexible to the needs of the school. I look forward to a good term.

I have also received excellent support from Richard he always contacts me to discuss any issues and to see how things are working. He too is very professional in his manner but is friendly, interested and supportive to school events. He is willing to listen to feedback and work with us to solve any issues.

Thank you for the service you provide and I hope we can continue working together in the future.

Regards

Sian Lamb – Headteacher – Gilthill Primary School



No more PPA headaches....

First Grade Sports offer a great opportunity to schools who wish to enrich their curriculum with the use of outside specialists.

Finding ways to cover PPA presents schools with a number of different challenges, First Grade Sports are able to provide a range of activities and a flexible approach to we fulfil your requirements.

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- Our PPA activities include**
- **Fundamentals of movement**
 - **Striking and Fielding activities**
 - **Invasion Games**
 - **Net/Wall activities**
 - **Gymnastics**
 - **Dance**

What we offer:

- Activities that develop children's self esteem, motor skills, social skills and personal health and fitness
- Detailed schemes of work for each year group which are progressive and developmental
- Units of work which cater for a range of abilities
- Qualified staff, experienced in delivering quality and enjoyable physical education sessions
- The latest sports equipment to enhance that already available within the school



Curriculum Support, CPD opportunities and Resources

Our staff can support and enhance the knowledge and skills of your school based staff. The ultimate aim is to improve the ongoing delivery of quality PE within the school.

Our support programme allows class teachers, teaching assistants and senior management, the opportunity to shadow one of our senior Sports, Gymnastics and Dance Specialists and work with them on a tailor made scheme of work.

In addition to class based teaching, we can also provide staff insets. These can be staff meetings/twilight or at external venues. Again these can be tailor-made for your school. Our Team Teaching programme has been designed to address the outcomes outlined within the new Ofsted regulations for the Primary School Sports Funding.

Why choose Curriculum Support?

- ☑ 6 weeks 'Scheme of Work' to be given to the Teacher of each class. Our PE and Sport Specialist will take the first 3 sessions (ideally 1 full day per week) of each half term, showing progression of lesson, Teaching Points and Learning Outcomes.
- ☑ Individual session plans covering the rest of the half term, to be given to the relevant teacher(s).
- ☑ Further support during and after the Team Teaching sessions are available to school staff throughout the year.

Further details about our CPD programmes can be found in our CPD brochure



Additional services

Bikeability Cycle Training

Bikeability is the Cycling Proficiency Test for the 21st century, designed to give children the skills and confidence to ride their bikes on roads safely.

Scooter Skills

The aim of Scooter Skills is to use scooters as a fun and active way to travel and increase physical activity in pupils. Safety messages about scooting are equally relevant to younger children and to older children who walk or scoot independently to school.

Balanceability

Balanceability is the UK's first accredited 'learn to cycle' programme for children aged 2½ to 6 years old

National School Sports Week

If you are planning events during NSSW or any one-off events during the year, our specialist team of staff are able to support

Awards For All Funding applications

If you're thinking of applying or funding but not sure how, our grant application service could be just what you need.

Holiday Activities For Kids

Our kids holiday brand is always looking for new host venues and sites, if you're interested in offering pupils holiday provision, HA4K is the best in the business!

Midday Supervisor Training

Our training for Midday Supervisors includes simple outdoor and indoor games and ideas and strategies for dealing with issues occurring at break-time, our training helps schools develop a positive playing environment.



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Tel: 01159 436210

Email: neil@firstgradesports.co.uk

Unit 2 Rutland House, Nottingham Road, Ilkeston, Derbyshire DE7 5BB